



*Every day's a great day for Tiki Cafe!*

PROUDLY NAMED #37 ON YELD'S  
FLORIDA TOP 100 FOR 2023!

8AM-8PM DAILY  
BREAKFAST TILL 3PM  
HOLIDAYS OFF WITH FAMILY  
[MELSTIKICAPE.COM](http://MELSTIKICAPE.COM)

# BREAKFAST SELECTION TILL 3 PM

## BREAKFAST BOWLS

### MEAT LOVER'S BOWL

heaps of meats - bacon, ham, & sausage with your choice of eggs, base, and cheese (pepper jack, provolone, or cheddar). All smothered in homemade sausage gravy. 14.95

### HAPPY DAY BOWL

egg whites, turkey sausage, roasted peppers & onions, spinach, & sriracha aioli over roasted sweet potatoes. 13.5

### VEGGIE BOWL

choice of tofu or eggs, avocado, plantains, spinach, tomato, roasted peppers & onions, sriracha aioli, maple, or habanero maple syrup, and your choice of base. 12.95

### VACATION BREKKY BEVS

 ME-MOSA glass 7 WE-MOSA bottle 28  
Guava, mango, pineapple, MimosaRita, or OJ

 CUTWATER CANNED COCKTAILS 5.9% abv | 6 ea  
assorted flavors of ranch water & mojitos

HIGH NOON VODKA SELTZERS 6 ea

## THE BREAKFAST CLASSICS

### TWO EGGS ANY STYLE

choice of two eggs & breakfast meat, with white or whole wheat toast. 10.95 *sub half-waffle, croissant, or bagel +2.5 with roasted potatoes | sub fruit cup or shaka 'tatos +2.5*

### CLASSIC SANDWICH

over hard egg, cheddar cheese, & bacon, ham, or sausage, on a croissant, bagel, multi-grain, or sliced brioche bread, with mayo or sriracha aioli. sandwich only 7.95

## BREAKFAST SIDES

MEATS bacon, tiki bacon 4.95 | ham, sausage, turkey sausage. 3.95

EGGS choice of folded scrambled or fried. one egg +2 two +3.5

BAKERY croissant, bagel (asiago, plain, everything). 2.95 | toast 2 biscuits & gravy. 6.95 | single biscuit & gravy. 4.50

POTATOES roasted potatoes, roasted sweet potatoes. 3.5  
shaka 'tatos (with tiki bacon, gravy, & chives). 4.5 | as sub +2.5

ADDS sliced tomato or half-avocado +1.75 | side fruit cup +4.5

## OHH-YAAY! WAFFLES ALL DAAY

add: choco chips, choco drizzle, whipped cream, peanut butter drizzle, or coconut. +.5 | strawberries, blueberries, banana, or pineapple. +1.5  
during breakfast only: add two eggs and any breakfast meat. +4.5

### CRAFT YOUR OWN WAFFLE

topped with maple syrup, sugar, & cinnamon. 7.95  
half-waffle 5.5 | *sub gluten-friendly waffle +1.50*

### YOU BACON ME CRAZY WAFFLE

two slices baked in the waffle, two slices chopped bacon on top, & maple syrup. 12.75

### BERRIES 'N CREAM WAFFLE

blueberries, strawberries, & whipped cream. 11.95

### PETEY PETE'S PEANUT BUTTER BANANA WAFFLE

peanut butter drizzle, banana, granola & honey. 11.95

### CRAFT YOUR OWN BREKKY BOWL 13.95

#### BASE

jasmine white rice, brown rice, quinoa, roasted potatoes, or roasted sweet potatoes  
(*or mix two half & half*) | *double base +1.5*

#### PROTEIN select two

two eggs, egg whites, ham, bacon, tiki bacon, sausage, turkey sausage, tofu, or a whole avocado.  
*add'l protein +2*

#### MIX-INS up to three

tomato, red onion, roasted peppers & onions, plantains, spinach, or cilantro. | *add'l mix-ins +.5*  
*roasted pineapple +.75 or half avocado +1.75*

#### DRIZZLE SAUCE

sriracha aioli, sausage gravy, gf sausage gravy, habanero maple, or maple syrup. | *add'l sauce +.5*



## BREAKFAST SANDWICHES

served with roasted potatoes | *sub shaka 'tatos or fruit cup +2.5*  
*add roasted pineapple +.75 | half avocado +1.75*

### SIR HUNTER'S SANDWICH

two over easy eggs, avocado, roasted peppers & onions, and sriracha aioli on a hawaiian ciabatta roll. 11.95 | *add meat +2.5*

### MR. BILLY'S SANDWICH

scrambled eggs, tiki bacon, roasted fresh pineapple, pepper jack cheese, on a hawaiian ciabatta roll. 12.95  
*add habanero maple dip sauce by request*

### BREKKY BISCUIT SLIDERS

bacon, tiki bacon, ham, or sausage, choice of cheese with scrambled eggs, two biscuits and homemade sausage gravy on the side. 10.75 | *make it open-faced +1.5*

### CRAFT YOUR BREKKY SANDWICH

choice of eggs, cheese (pepper jack, provolone, or cheddar), & meat, add tomato, cucumber, spinach, roasted peppers & onions, & drizzle sauce, on a croissant, sliced brioche, multigrain, or a bagel. 10.95  
*sub hawaiian ciabatta roll or waffle +1.5*

## 'ROUND THE CLOCK SANDWICHES

with choice of dirty chips or side salad. | *sub fruit cup +2.5*

### THE WAFFLE CRISTO

ham and provolone cheese in a waffle sandwich with habanero maple syrup, dusted in powdered sugar. 11.95  
*served with roasted potatoes during breakfast. jam by request.*

### B.L. TIKI SANDWICH

heap 'a tiki bacon, lettuce, tomato, sriracha aioli, hawaiian ciabatta roll. 11.95  
*served with roasted potatoes during breakfast.*

### THE VEGGIE SANDWICH

avocado, roasted peppers & onions, cucumber, baby spinach, and vegan sriracha aioli on a multi-grain toast. 10.25

### HAWAIIAN CHICKEN SANDWICH

shredded tiki chicken breast, roasted fresh pineapple, teriyaki, red onion, and pepper jack cheese on sliced brioche. 11.25

### CHICKEN AVOCADO CLUB SANDWICH

shredded tiki chicken breast, avocado, crispy tiki bacon, lettuce, tomato, and cilantro lime mayo, hawaiian ciabatta roll. 12.75



## FRESH GREEN SALADS

add half avocado +1.75 or tiki bacon +2.75

### AHI TUNA "HALA KAHIKI" SALAD

ahi tuna poke, roasted fresh pineapple ("hala kahiki" in hawaiian), plantains, tomato, cucumber, cilantro, sesame seeds, green & crispy onion, over field greens drizzled in balsamic reduction with housemade balsamic vinaigrette on the side. 14.95

### SHRIMP CEVICHE SALAD

chilled royal red shrimp ceviche, avocado, roasted pineapple, tomato, cucumber, red onion, cilantro, green onion, & field greens with housemade cilantro lime dressing. 14.95

### TOFU AVO SALAD

tofu, avocado, edamame, tomato, cucumber, plantains, green onion, purple cabbage slaw, over quinoa & field greens with housemade honey dijon vinaigrette on side. 12.95

### ALOHA CHICKEN SALAD

shredded tiki chicken breast, bacon, tomato, cucumber, and green onion over field greens drizzled with housemade sriracha honey dressing. 14.5

## MEL'S SIGNATURE BOWLS

### NALU ANTARCTIC SALMON POKE BOWL

antarctic salmon poke, avocado, edamame, cucumber, field greens, seaweed salad, green & crispy onion, over jasmine rice drizzled with spicy ginger glaze and wasabi aioli. 16.5

### AHI TIKI POKE BOWL

ahi tuna poke, avocado, edamame, mango, seaweed salad, green onion, cilantro, and sesame seeds, over jasmine rice drizzled with sriracha aioli and poke sauce. 14.95

### THE "KAHILI" RAINBOW MANGO POKE BOWL

ahi tuna poke, antarctic salmon poke, mango, edamame, purple cabbage slaw over jasmine rice with your choice of drizzle sauce on the side. 15

### HULA MOA "DANCING CHICKEN" BOWL

shredded tiki chicken breast, roasted fresh pineapple, plantains, mango, cilantro, green & crispy onion, over brown rice drizzled with spicy ginger glaze, and sriracha aioli. 13.95  
add tiki bacon +2.5

## CRAFT YOUR OWN BOWL OR SALAD

one protein 14.5 | two protein 17.5

### BASE

jasmine white rice  
brown rice  
quinoa  
field greens  
roasted potatoes  
roasted sweet potatoes  
(or mix two half & half)  
double base +1.5

### PROTEIN

shredded tiki chicken  
ahi tuna poke  
antarctic salmon poke  
shrimp ceviche  
tiki bacon  
tofu or whole avocado  
add'l protein +3

### MIX-INS up to three

cucumber  
mango  
edamame  
plantain  
tomato  
roasted peppers & onions  
purple cabbage slaw  
add'l mix-ins +.5

### TOPPERS up to three

crispy onion  
green or red onion  
cilantro  
sesame seeds  
jalapeno  
wasabi  
add'l toppers +.5  
roasted pineapple +.75  
avocado or seaweed salad +1.75

### HOMEMADE DRIZZLE SAUCES & DRESSINGS up to two

drizzle sauces: sriracha aioli, vegan sriracha aioli, wasabi aioli, lime ponzu, teriyaki glaze, poke sauce, GF poke sauce, or spicy ginger glaze.  
homemade dressings: balsamic vinaigrette, cilantro lime, honey dijon vinaigrette, or honey sriracha. | add'l sauce or dressing +.5

## STUFFED AVOCADO ENTRÉES

### SHREDDED TIKI CHICKEN AVO

shredded tiki chicken breast, plantains, tomato, green onion, sesame seeds, and a whole grilled avocado over brown rice and field greens drizzled with teriyaki and sriracha aioli. 15.75

### TOFU AVO

tofu, edamame, green onion, roasted peppers & onions, cilantro, and a whole grilled avocado over quinoa drizzled with teriyaki and vegan sriracha aioli. 14.95



### ANTARCTIC SALMON AVO

antarctic salmon poke, roasted fresh pineapple, cilantro, and a whole grilled avocado over jasmine rice and seaweed salad drizzled with spicy ginger glaze and wasabi aioli. 17.95

### AHI TUNA AVO

ahi tuna poke, green onion, sesame seeds, and a whole grilled avocado over jasmine rice and seaweed salad drizzled with sriracha aioli and poke sauce. 16.95

### SHRIMP CEVICHE AVO

chilled royal red shrimp ceviche, red onion, cilantro, cucumber, mango, and whole grilled avocado over jasmine rice drizzled with sriracha aioli. 16.95

## CRAZY COCONUT CURRIES

### COCO LOCO CURRY CHICKEN

shredded tiki chicken breast, roasted fresh pineapple, plantains, green onion, cilantro, roasted peppers & onions, over jasmine rice with toasted coconut and sweet coconut curry sauce. 15.95

### COCO LOCO VEGAN CURRY

roasted fresh pineapple, plantains, roasted peppers & onions, green onion, cilantro, over jasmine rice with toasted coconut and sweet coconut curry sauce. 12.95  
add tofu +3



## TIKI SHAKES & SMOOTHIES

with whole milk, 2% milk, almond milk, coconut milk, apple, pineapple, or orange juice.  
add: 10g protein boost (chocolate, vanilla, coffee) +2 spinach, peanut butter or almond butter +.5

### THE GREEN ROOM SMOOTHIE

avocado, spinach, pineapple, mango, & banana. 8.95

### DUDE'S DOUBLE ESPRESSO MOCHA

lavazza double espresso, 10g vegan coffee protein almond milk, banana, chocolate syrup, blended. 9.75

### MIXED BERRY BLISS SMOOTHIE

frozen strawberries, blueberries, raspberries, blackberries, & banana. 8.75

### KELSEY'S BANANA & OAT SMOOTHIE

frozen banana, oats, 10g vegan vanilla protein, & cinnamon. 9.5

### MEL'S MANGO SMOOTHIE

frozen mango, banana, & coconut milk. 8.75

### MR. BILLY'S BERRY SMOOTHIE

frozen strawberries, blueberries, & banana. 8.25

### BIG MAN CHOCOLATE POWER

natural almond or peanut butter, banana, chocolate syrup, 10g vegan chocolate protein. 9.5

## BEVERAGES

ask about our fresh cold pressed juices

**JUICE** apple, orange, or pineapple. 12 oz. 3.25 | 16 oz. 4.25

**CANNED JUICE NECTARS** mango or guava. 16 oz. 4.25

**MILK** whole or 2%, plain or chocolate. 12 oz. 2.75 | 16 oz. 3.75

**CELSIUS ENERGY** variety of flavors - bottle 3.75

**BAI ANTIOXIDANT** variety of flavors - bottle 3.75

**JUPINA PINEAPPLE SODA** 12 oz. can 3.25

**BREWED GREEN MANGO TEA** slightly sweet. 2.95

**BREWED TEA WITH RASPBERRY HIBISCUS** 2.95

**BREWED UNSWEET ICED TEA AND/OR LEMONADE** 2.75

**STRAWBERRY WATERMELON LEMONADE** 2.95

**AGAVE SWEET TEA** agave served on the side. 2.95

**BOTTLED SODA** coke, diet coke, sprite. 16.9 oz. 2.75

**PERRIER SPARKLING** 16.9 oz bottle. 2.75



### A NOTE TO YOU FROM MEL

THANK YOU FOR CHOOSING TO DINE WITH US AT OUR TIKI CAFE! WE'RE HONORED TO SERVE YOU AND THE GREATER COMMUNITY EACH DAY. WE OPENED BRIGHT-EYED AND EAGER ON MARCH 10, 2020 WITH NO IDEA THE ADVENTURES WE'D HAVE AHEAD. WE'RE PROUD TO HAVE GROWN INTO A LOCAL GEM AND GRATEFUL TO BE EMBRACED BY THE MELBOURNE COMMUNITY. FROM OUR WHOLE TIKI CAFE TEAM TO YOU - THANK YOU! MAHALO! -MEL

### TIKI BAR VACATION COCKTAILS

#### CUTWATER CANNED COCKTAILS

5.9% abv | 6 ea | 30 bucket of six  
ranch water: prickly pear, watermelon, or lime  
mojito: mango watermelon, passion fruit guava, or lime & mint



**ME-MOSA** glass 7 **WE-MOSA** bottle 28  
guava, mango, pineapple, MimosaRita, or traditional OJ



#### BOTTLED BEERS & SELTZERS

corona, red stripe, variety of high noon seltzers.  
kona, mango cart, caribe pineapple cider. 6

## SPECIALTY COFFEE

add flava: hazelnut, vanilla, caramel, or chocolate. +.5  
sub almond milk, coconut milk, or oat milk +.75

### FRESH BREWED HOT COFFEE

organic breakfast blend. 3.5



### HOT BLENDED BULLETPROOF

try it! lavazza espresso, grass-fed butter, & coconut oil, blended. 5.5

### MOCHA OR CARAMEL LATTE *hot or iced.*

lavazza espresso, chocolate or caramel, lots 'a steamed milk, & frothed milk. 5.5

### LATTE

lavazza espresso, lots 'a steamed milk & frothed milk. 5

### CAPPUCCINO

lavazza espresso, steamed milk & lots 'a frothed milk. 5

### ESPRESSO 3.5

### AMERICANO 3.75



### ICED FROTHY COFFEE

tiki fan fave! milk with whipped coffee. 5

### SWEET CREAM ICED COFFEE 4.25



## DESSERT SELECTION

### HOMEMADE PIÑA COLADA RUM CAKE

with strawberries, whipped cream, & chocolate drizzle 5  
*or slice only 4 | pre-order a whole cake 29*

### HOMEMADE KAHLUA RUM CAKE

with strawberries, whipped cream, & chocolate drizzle 5  
*or slice only 4 | pre-order a whole cake 29*



### HOMEMADE BANANA BREAD

traditional or chocolate chip. all gluten-friendly.  
with strawberries, whipped cream, & chocolate drizzle 5  
*or slice only 4 | pre-order a whole loaf 24*

### HOMEMADE KEY LIME PARFAIT

fresh lime, cream cheese, graham cracker, whipped cream, toasted coconut, topped with a strawberry. 6

### AFFOGATO

lavazza espresso & vanilla or chocolate ice cream. 4.25

### WAFFLE SUNDAE

half-waffle & whipped cream, with berries or banana, & your choice of ice cream (vanilla or chocolate) + drizzle sauce (chocolate, caramel, or peanut butter). 8